# VEGAS VALLEY ADVENTIST ACADEMY

### MADE TO MOVE DAY!

-JOSHUA SILVER

Coming up on September 17 is Made to Move Day, held at Rainbow Family Park. Made to Move Day is an annual event held by VVAA in which we all gather together and run a 5K to promote a healthy and active life. Grades 7-10 must be there at 7:00 AM to help set up the course. The rest of the students are required to be there at 8:00 AM. You will not have to wear your school uniform, however we do have some advice on how to prepare. First, make sure to wear comfortable or athletic clothes and shoes. Second, make sure to bring water or a drink to stay hydrated. Third, make sure to prepare your body: have a good night sleep, have a healthy breakfast, and stretch before you run. It is a school day, so at least 50% of the students must be there this Sunday - make sure to show up!



SONGS OF PRAISE

### THE AMERICAN DREAM

-ROBERT CASTRO

Born near Yuma, Arizona, on March 31, 1927, Cesar Chavez employed nonviolent means to bring attention to the plight of farmworkers and formed both the National Farm Workers Association, which later became United Farm Workers. As a labor leader, Chavez led marches, called for boycotts and went on several hunger strikes. It is believed that Chavez's hunger strikes contributed to his death on April 23, 1993, in San Luis, Arizona.

In early 1968, Chavez called for a national boycott of California table grape growers. Chavez's battle with the grape growers for improved compensation and labor conditions would last for years. At the end, Chavez and his union won several victories for the workers when many growers signed contracts with the union.

Singing in church has impacted my life in ways I could never have imagined. It's not just about the beautiful hymns that fill the church, but the spiritual connection. Each word I sing feels like a prayer, like lifting my talent up to the lord. Through singing in church, I feel happy, and I hope that everyone else that hears me sing will become happy and fulfilled. One of my favorite songs to sing is Grace by Laura Story. This one time I was singing it for the service and after I was done, some people went up to me and told me they started to tear up and cry when I was singing it and when they told me I felt really touched!



CALENDAR

Sept. 17 LET'S MOVE DAY Oct.6 End of QTR. 1 Oct. 22 Fall Festival Oct. 27 Nevada Day (NS) Nov. 4

Church Visit Nov. 10 Veteran's Day ELLEN OCHOA -YESEL GONZALEZ

Ellen Ochoa was born in Los Angeles, California. She was the first Hispanic woman to travel to space in 1993. Ocha studied electrical engineering at Stanford University and earned a masters and doctorate degree in electrical engineering. In 1993, Ocha had a nine-day space "mission on the shuttle Discovery". The Shuttle's mission aimed to study the Earth's ozone layer. Ocha was inspired by astronaut Sally Ride, a fellow Los Angeles native and Stanford University graduate who became the first American woman in space in 1983. Ellen Ochoa said, "What everyone in the astronaut corps shares in common is not gender or ethnic background, but motivation, perseverance, and desire – the desire to participate in a voyage of discovery." Ochoa now is a vice chair of the National Science Board.

#### SPORTS RECAP -MCRYLEIGH PIERRE-LOUIS

After much anticipation, football season has finally begun. Novak Djokovic pays tribute to the late, great Kobe Bryant following the Tennis US Open. The Rugby World Cup 2023 has arrived! Portugal has successfully intimidated Wales, so they have made thirteen lineup changes to take their revenge in the World Cup. The Formula E world champion, Jake Dennis was crowned following a chaotic race in London.The WNBA have started at last. Prepare your popcorn and get ready to watch your local defending champs, THE LAS VEGAS ACES! Sports are a great way to spend quality time with people and family. Next time you watch sports you should invite a friend or one of your siblings, you should encourage your parents if they want to watch too!



#### WALK AND TALK WITH JESUS -IZAIAH COPCA

"Every canvasser has a positive and constant need of the angelic ministration; for he has an important work to do, a work that he cannot do in his own strength." (White p.42) The most beautiful experience was at San Rafael last year. I was getting discouraged and being negative because I was not selling books, and the leader told me, "If you continue being negative don't get in the van." Then she dropped the group off in another street, and my leader told me that she was praying for me to get a dump bag. A dump bag is when you take out five books or ten books. at that moment she prayed for which book should I go with and she felt she should go with me. We proceeded to the house, and at the beginning, we knocked and we thought no one was there. we did it again, and an old guy came out. I started to talk about the books, and he said "Don't give me no books. I'll give you a donation". He was a former teacher from PUC. Initially, he provided me with \$50, but later he doubled it to \$100, which greatly enhanced my evening. It reminded me of the verse in Mark 16:15 that says "He said to them, "Go into all the world and preach the gospel to all creation.

## — Aristotle

QUOTE OF THE WEEK

"We are what we repeatedly

do. Excellence, then, is not

an act, but a habit."

## SILLY GILLEY

Why did the marathon runner give up?

He couldn't suffer the agony of de-feet

### MAP TESTING

MAP testing will be taking place next week on Sept. 18 - 22. Please make sure that your student gets a good night's rest as well as a healthy and hearty breakfast! Happy testing!



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